

Course Number	Course Name	Day	Dates	No Class	Times	Instructor	Weeks	Cost Plus HST
112021	Yoga Level 1	Monday	Sept 20 - Dec 13	Oct 11	7:45 - 8:45 p.m.	Randi Basian	12	\$145
112415	Yoga Level 1	Friday	Sept 24 - Dec 17		2:00 - 3:00 p.m.	Randi Basian	13	\$160
112152	Yoga Level 2	Tuesday	Sept 21 - Dec 14		6:30 - 7:45 p.m.	Anita Adler	13	\$170
112172	Yin Yoga	Tuesday	Oct 19 - Dec 14	Dec 7	4:45 - 6:00 p.m.	Angela Caliendo	8	\$104
112162	Restorative Yoga	Tuesday	Sept 21 - Dec 14		7:50 - 9:10 p.m.	Anita Adler	13	\$170
112142	Healing Yoga 1&2	Tuesday	Sept 21 - Dec 14		10:45 a.m. - 12:00 p.m.	Judith McCaffery	13	\$195
112314	Healing Yoga 1	Thursday	Sept 23 - Dec 16		2:30 - 3:45 p.m.	Judith McCaffery	13	\$195
112324	Healing Yoga 2	Thursday	Sept 23 - Dec 16		5:15 - 6:30 p.m.	Judith McCaffery	13	\$195
112405	Mom and Baby Yoga	Friday	Sept 24 - Dec 17		12:45 - 1:45 p.m.	Randi Basian	13	\$160
112011	Prenatal Yoga	Monday	Sept 20 - Dec 13	Oct-11	6:30 - 7:30 p.m.	Randi Basian	12	\$145